

# Understanding Parent Participation in Special Education



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As part of this series, I wrote about the special education law IDEA. One of the key principles of IDEA is “parent participation.” Parent participation, as outlined in IDEA, refers to the active involvement of parents of children with disabilities in the special education process. The law recognizes that parents are essential partners in their child’s education and aims to ensure that they have a meaningful role in decision-making and planning for their child’s education. Here are some key aspects of parent participation under IDEA:

### Informed Consent

Your informed consent is required before the school can conduct evaluations or provide special education services to your child. This means you have the right to be fully informed about any proposed actions and their

implications before you agree to them. Take the time to ask questions, seek clarification, and voice your concerns. Your active engagement ensures that decisions about your child's education are made collaboratively and with your child's best interests in mind. This also means that you have the right to revoke your consent at any point in time. It is best to do this in writing.

## Individualized Education Program (IEP) Meetings

IDEA emphasizes that you, as a parent, are an essential member of your child's educational team. One of the key ways you participate is through the Individualized Education Program (IEP). The IEP is a written plan that outlines your child's learning goals, the services they will receive, and any necessary accommodations or modifications. Your input is crucial during IEP meetings as you know your child best. This means receiving a copy of your child's evaluation report or draft IEP prior to the meeting with an appropriate amount of time to review the information being shared. (My team sends all reports home at least three business days before the scheduled meeting.)

## Access to Information

IDEA guarantees your right to access relevant information about your child's education. This includes evaluation results, progress reports, and explanations of the available services and supports. Being informed helps you to understand your child's progress, advocate for their needs, and make well-informed decisions

together with the school team.

## Dispute Resolution

The law includes provisions for resolving disputes between parents and schools regarding their child's special education. You have the right to participate in mediation or due process hearings to resolve conflicts with the school district. Remember that open and respectful communication is key to finding solutions that benefit your child's education.

## Parent Training and Information Centers

IDEA supports the establishment of Parent Training and Information Centers in each state. These centers offer parents information, training, and resources to help them understand their rights and effectively participate in the special education process. Information can be found on your state Department of Education website, search for special education and you can find the information there. If not call them.

## Conclusion

Your participation under IDEA is more than just attending meetings; it's about actively engaging in your child's education, collaborating with educators, and advocating for their needs. Your insights as a parent are invaluable in creating an effective and individualized education plan for your child with a disability. Remember, you are not alone on this journey,

by working together, your child's IEP team can create an inclusive and supportive educational environment that empowers your child to thrive.