

Grandma Finds Her Own Space in Shared Housing

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I finally decided to rent office space outside of our family home after months of struggling to find personal space for my professional career work. This was a difficult decision because I also help with the care of my grandson some of the days after school.

The search for office space in Silicon Valley near my home was difficult because there were limited space options and most came with high rental costs. I was finally successful in being able to secure a separate office in a shared space concept building. Many of these buildings are provided to folks who complete most of their work on a portable computer. These workers can also rent a conference room for meetings on an hourly basis. Other options include long term leases for a limited number of separate office spaces.

Creating An Office Away From Home

A separate office space met my need because I wanted to move my office furniture, books, and supplies from a dedicated office space at home to a commercial office space that I could access whether day or night. Although it is my first week in this new setting, I find I have more time for focused and productive work with limited interruptions.

Learning to Enjoy Life at Home

When I am home, I am retraining myself to dedicate my time to family activities. I am also trying to limit the amount of business phone calls, emails, and work activities that used to be part of my daily life at home. Separating home life from work duties is helping me rethink how I can better balance each day for an increased quality of life. I am learning that is never too late to rethink how I can enjoy each day with more focus on family play with designated work times.

Much success in achieving more balance in your workday.

Joyce

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