

Nurturing Your Children's Passions



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It's a new year! Your children may become anxious about how to fill long dark winter days. What can you do as parents to nurture their passions? When your children tend to shut down on cold winter days, you may feel overwhelmed and frustrated on how your family will get through the winter months without going crazy.

Questions to Ask Your Kids to Identify Passions

Here are some questions you can ask your children to get them thinking about what they would like to do or explore during their free time:

What do you love most about school?

What would you like to do to keep your body moving on cold winter days?

What is your favorite playtime activity?

What do you like to do outside?

Who would you like to do a project with? What would you do for a project?

What would you like to learn about? How do you want to learn about this topic?

Where would you like to go to learn more about a specific topic?

Is there a museum or activity program that explores or provides training about a topic of interest?

What can I do to support your interests?

What should we research online to identify classes or learn more about your topic of interest?

Some of the Best Projects Come from Our Children

Children are capable of planning incredible projects when you encourage them with your actions. For example, Maria loves art and shares art projects with her friends. She creates temporary tattoos by drawing creations with marking pens on an absorbent sheet of paper. Then she places the marking pen art against her skin and dampens the sheet of paper with a paper towel. She is very impressed with transferred tattoos. Her sister, Anna, loves to create finger weaving leashes for her collection of stuffed animals. Rosie, her cousin, designs and sews doll clothes for her doll. She has also created an Etsy account to sell customized Cricut stickers.

Science experiments generate lots of questions that must be answered. Brandon experimented with various hand sanitizers and surface cleaners to determine which products killed the most germs. Dave learned how to code

and created various digital games. Marla won an ecology award for learning how to continuously water trees while conserving water with various irrigation systems.

Passions Lead to Internships and Careers

Although these art projects and science experiments sound like educational and exciting rainy-day activities, several led to future internships and career choices. Maria now works in a store creating graphic art designs for tee shirts and other products. She plans to major in graphic art design when she starts college. Anna loves project-based learning and wants to inspire kids by becoming a project-based elementary teacher. Brandon has expanded his scientific interests and is currently becoming certified as a train engineer at a local park. Dave is getting ready to apply to colleges. He wants to eventually construct mass transit systems. I loved playing school when I was a kid and am still teaching students after 40 years in education.

Share in the comments section below this blog what passions you may have developed as a child that led to a satisfying career. Much success as you continue to support your children's passions.

