

Managing Conflict between Parents and Children

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To Manage Conflict Situations:



Prevention

Staying Calm

Finding Long Term Solutions

This month my blogs will address all three aspects of managing conflict between parents and children. Let's partner together to focus on the positives and your love for your children.

A very Young School Age Child may struggle with adults about issues such as bedtime, what to eat, cleaning up, getting dressed, bath-time, stopping an activity such as watching television. The list is as long as the list of

daily activities.

For Special Needs children, such as those on the Spectrum, transitions are particularly difficult. Completing a classroom assignment, putting things away, getting ready to leave at the end of the day or at lunchtime are particularly difficult.

At home this can translate into resistance to a new food, wearing a new shirt, getting out the door to get to school, or getting in a car seat.

This week assess what areas of conflict between you and your child are derailing your relationship. Next week I will provide several strategies to prevent these difficult situations.

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